

Hand Fellowship Didactics Sample Scehdule

Tuesday Conf.	Peter Stern Topic	Friday Conf.	Topic	Speaker	Hand.e Viewing/Video Topic (Hand.e is free; you must register at assh.org/hande/s)	Additional Fellow Reading ASSH (1st edition) Green's (6th Edition)
5-Aug	Thumb CMC Arthritis (27,28)	8-Aug	Thumb CMC Arthritis Treatment	Jennifer Wolf, MD	WATCH: Thumb CMC Osteoarthritis: Options after Failure of Arthroplasty (Chhabra)	
12-Aug	Carpal Tunnel (1), Median Nerve Injury (48)	15-Aug	Carpal Tunnel Syndrome	Jeffrey Stepan, MD	WATCH: Carpal Tunnel Syndrome (Steinberg)	ASSH 395-403 Green's 44-56
19-Aug	Ulnar Nerve Entrapment (40 A and B)	22-Aug	Ulnar Nerve Compression	Daniel Osei, MD	WATCH: Compression Neuropathies: Ulnar Nerve (Meunier)	
26-Aug	Anesthesia (articles uploaded)	29-Aug	Blocks – supraclavicular/axillary/Bier and local anesthesia	Jihye Ha, MD*	WATCH: Anesthesia of the Upper Extremity	ASSH 419-433 Green's 192-201
2-Sep	Hand Therapy Essentials Chapter in ASSH Textbook (uploaded)	5-Sep	Principles of therapy splinting & modalities	R. Thompson CHT – conf in OT*	Watch on youtube: https://www.youtube.com/watch?v=flw1dKLFseQ	
9-Sep	Flexor Tendons 1,2 (22,23)	12-Sep	Flexor tendon injuries and reconstruction	Jeffrey Stepan, MD	WATCH: Science, Repair and Rehabilitation of Zone Two Flexor Tendon Injuries	
16-Sep	Flexor Tendons 3,4 (24,25)	19-Sep	Flexor tendon rehabilitation	Sean Clancy, OT, CHT	WATCH: https://www.hss.edu/rftr/exercises.asp	
23-Sep	Imaging Hand/Wrist/Elbow (articles uploaded)	26-Sep	Ultrasound: uses in the upper extremity	Brendon Ross, MD*	WATCH: Ultrasound Evaluation of the Hand and Wrist (Rekant)	ASSH Chapter 1
30-Sep	NCV/EMG (readings uploaded)	3-Oct	NCV/EMG - nuts and bolts	Yasemin Ozcan, MD/Jonathan Shi	WATCH: Electrodiagnostic Studies: A Surgeon's Guide to Interpretation	
7-Oct	JHS Journal Club	10-Oct	ASSH NO CONFERENCE		WATCH: EIP Tendon Transfer (Koso and Baratz)	
14-Oct	Thumb reconstruction, Ring Avulsions, Replantation (9,43)	17-Oct	Replantation and revascularization, mangled UE – indications	Steve Lanier, MD*	WATCH: Acute Management of the Mangled Upper Extremity	
21-Oct	Soft Tissue Coverage (8A)-regional	24-Oct	Principles of rotation flaps and pedicled flaps in UE	Jignesh Unadkat, MD	WATCH: Soft Tissue Coverage of the Hand (Spiess)	
28-Oct	Congenital Hand Anomalies (5 A,B) ASSH reading for all	31-Oct	Pediatrics – embryology, syndactyly, polydactyly/finger deformity	Felicity Fishman, MD*	WATCH: Congenital Upper Limb Differences: Forearm Longitudinal Deficiencies	ASSH 262-266 Green's 523-538
4-Nov	Epicondylitis, Radial Tunnel, Trigger Finger (42), Proximal Median Entrapment (2)	7-Nov	Atypical nerve compression	Jennifer Wolf, MD	WATCH: Radial Tunnel - Evidence (Curtin)	ASSH 992-1015, 1027-1031
11-Nov	Extensor tendon, Swan Neck, and Boutonniere (51)	14-Nov	Extensor tendon injuries, repair/reconstruction	Jeffrey Stepan, MD	WATCH: Extensor Tendon Injuries (Calandruccio) AND Finger Extensor Tendon Mechanism: Anatomy and Pathology (Posner)	Green's 557-559, 2079-2086
18-Nov	Mallet Finger, Game Keeper (17)	21-Nov	Extensor Tendon rehabilitation	M. Litteton CHT - conf in OT*	WATCH: Failed Mallet Finger Treatment Due to Unrecognized Hypermobility	ASSH 457-464 Greens 201-205
25-Nov	Distal Radius Fractures (12A-C)	28-Nov	Distal radius fracture fixation principles	FELLOW	WATCH: Distal Radial Fractures: Complications (Blazar)	
2-Dec	Scleroderma , arterial insufficiency, Vascular II (29,33) - add article on botox	5-Dec	Thanksgiving - NO CONFERENCE		WATCH: Vascular Insufficiency/Chronic Ischemia in the Upper Extremity (Katz)	Green's 35-36,984-985,1038-1045,1242
9-Dec	Distant flap coverage (8B)	12-Dec	The reconstructive ladder for soft tissue coverage	Jignesh Unadkat, MD	WATCH: Reconstructive Ladder (Moran)	
16-Dec	JHS Journal Club	19-Dec	RESIDENT INTERVIEWS - NO CONFERENCE		WATCH: Physical Examination of the Hand	
23-Dec	Cerebral Palsy (49), Stiff Elbow (55)	26-Dec	Holiday - No Conference		WATCH: The Stiff Elbow: Open Contracture Release (King) , CP??	Green's 995-1002
30-Dec	Phalangeal and Metacarpal Fracture Fixation (20) - (NEED to ADD IMN)	2-Jan	Small Bone Fractures	Robert Gray, MD*	WATCH: HAND FRACTURES (Lawler)	
6-Jan	Nerve Physiology (3A) and Nerve Biology (articles uploaded)	9-Jan	Biology of Nerve Repair/Transfer	Sofia Bougoukli, MD, PhD	WATCH: Peripheral Nerve Injury - Repair and Reconstruction (Rhee)	
13-Jan	Nerve Biology and Grafting (articles uploaded)	16-Jan	Nerve Autograft vs Allograft: The Evidence	Jonathan Isaacs, MD*	WATCH: Bridging Gaps in Nerve Repair (Isaacs)	
20-Jan	Distal Radioulnar Joint (13) and ECU instability/tendinopathy (articles uploaded)	23-Jan	Ulnar sided wrist pain	Craig Phillips, MD*	WATCH: De-Mystifying Ulnar Wrist Pain (Kakar) and Radiology in the Diagnosis of Ulnar Wrist Pain	Green's 991-995
27-Jan	Sympathetically Maintained Pain (21)	30-Jan	CRPS – definition, treatment	Michelle Puszynski, MD*	WATCH: Complex Regional Pain Syndrome (Calfee)	
3-Feb	Elbow fractures (articles uploaded)	6-Feb	Elbow Fractures and Dislocations	Jason Strelzow, MD*	WATCH: Elbow Fracture Dislocation (Baratz)	
10-Feb	JHS Journal Club	13-Feb	Role of interventional radiology in the upper extremity	Osmanuddin Ahmed, MD*	WATCH: Vascular Insufficiency/Chronic Ischemia in the Upper Extremity (Hammert)	ASSH 205-212
17-Feb	Dupuytren's (30,31)	20-Feb	Dupuytren's contracture - treatment options	Sofia Bougoukli, MD, PhD	WATCH: Dermofasciectomy (Tim Davis)	
24-Feb	Hand Infections (6,7)	27-Feb	Hand infections and imitators	Cristin Coquillard, MD	WATCH: Hand Infection and Mimickers	
3-Mar	Acute Carpal Instability (10)	6-Mar	Perilunate Injuries - diagnosis and treatment	Jeffrey Stepan, MD	WATCH: Scapholunate Reconstruction 360 Tenodesis (Kakar)	ASSH 225, Greens 465-470, 501-509
10-Mar	Chronic Carpal Instability (11)	13-Mar	Chronic scapholunate ligament tears - options	FELLOW	WATCH: Perilunate Injuries and SL,LT, and Midcarpal Instability	ASSH 227-229, 245-248 , Green's 471-484
17-Mar	Neuroma Management: RPNI and TMR (articles uploaded)	20-Mar	TMR - What is it and how does it work?	Scott Tintle, MD	WATCH: https://www.youtube.com/watch?v=LsrVpPQr--8	
24-Mar	Radial Nerve and Ulnar Nerve injury (47) (46)	27-Mar	Tendon transfers for the UE	Jignesh Unadkat, MD	WATCH: Tendon Transfers - C Cassidy	Chapter 67 Tendon Transfers for Radial Nerve Palsy
31-Mar	Small Joint Injuries (PIP) (36, 37))	3-Apr	PIP fractures and dislocations	Daniel Hong, MD	WATCH: Fracture Dislocations of the PIP (Huang)	
7-Apr	JHS Journal Club	10-Apr	Trigger fingers - what can go wrong	Cristina Terhoeve Graphia, MD*	WATCH: When the Trigger Finger Shoots the Surgeon (Osterman)	
14-Apr	Small Joint Injuresies (MCP/CMC/Thumb) (38, 39)	17-Apr	Injuries of the thumb, MCP, and CMC joints	Jacob Wolf, MD	WATCH: Thumb Metacarpal Fractures (Person)	
21-Apr	Rheumatoid Athritis (44)	24-Apr	Rheumatoid Arthritis	Jennifer Wolf, MD	WATCH: Rheumatoid Arthritis (Sammer)	
28-Apr	Pediatric Hand Trauma (articles uploaded)	1-May	Pediatric fracture management - not small adults!	Sofia Bougoukli, MD, PhD	WATCH: Pediatric Fractures: Controversies (Kozin & Cornwall)	ASSH 1182-1188 Green's 985-990
5-May	Tumors of the Upper Extremity (50 A,B)	8-May	Tumors of the upper extremity - benign/malignant	Tessa Balach, MD*	WATCH: Benign and Malignant Bone Tumors (Athanasian)	
12-May	Scaphoid fractures (14A and 14B)	15-May	Scaphoid fracture fixation	Seth Levitz, MD*	WATCH: Scaphoid Fractures: How to Manage in High Level Athletes (Chhabra)	
19-May	TEA articles (uploaded) and Distal Humerus fractures (articles uploaded)	22-May	Total elbow arthroplasty - indications, technique, complications	Nicholas Maassen, MD*	WATCH: Primary Elbow Arthroplasty & Complications Following Elbow Arthroplasty AND Distal Humerus Fractures: Fix or Replace? (Vosbikian)	ASSH 412-415, Green's 175-180
26-May	Amputations (35) and Prosthetics (articles uploaded)	29-May	Prosthetics - upper extremity	Michael Socie < msocie@sralab.org >	WATCH: Limb amputations and prosthetics (Lifchez)	
2-Jun	Work Disorders and Ethics (53, 57)	5-Jun	Hand surgery and the law: suits, depositions, expert testimony	Leon Benson, MD*	WATCH: Litigation, Error, and Adverse Events, Lawsuit, Avoiding Surgical Errors	
9-Jun	JHS Journal Club	12-Jun	Cervical spine pathology and hand numbness	Michael Lee, MD	WATCH: C-spine Disease: Differentiation From CTS (Shoreman)	
16-Jun	Wrist Arthritis - PRC vs 4-corner (41, uploaded articles)	19-Jun	PRC vs 4-corner fusion - debate	Cristin Coquillard, MD	WATCH: Limited Wrist Arthrodesis (Fischer)	
23-Jun	Hand Potpourri: Kienbocks (45) Saddle, intersection etc.. (52)	26-Jun	Kienbock's disease	Jacob Wolf, MD	WATCH: Wrist Arthritis (Weiss)	
30-Jun	Wrist and finger OA - Implants (18,19)	3-Jul	Different implants for finger OA - what's the evidence?	Daniel Hong, MD	WATCH: Small Joint Arthroplasty: MCP and PIP (Rizzo)	
7-Jul	Biceps and triceps (articles uploaded,)	10-Jul	Biceps and triceps injuries	Jacob Wolf, MD	WATCH: Biceps tenotomy vs tenodesis	
14-Jul	Wrist and Elbow arthroscopy (54) (56)	17-Jul	Wrist arthroscopy - principles and techniques	Jennifer Wolf, MD	WATCH: A Guide to Performing Wrist Arthroscopy AND Elbow arthroscopy: indications, techniques, outcomes and complications	
21-Jul	Fellows Pick- Their Top Papers in Hand Surgery	24-Jul	FELLOW SUPERLATIVES	FELLOWS	WATCH: Dealing with Complications from St Elsewhere (Baltzer)	
28-Jul		31-Jul				ASSH 1202-208 Green's 1035-1044, 1056-1060